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Holmen Women's Wrestling Newsletter - March 2024





A lot happened at the end of our season!

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- We reached honorable mention in the [national rankings](#).
- We won the Wisconsin Challenge Series Tournament, which is the toughest tournament in the state other than the state tournament itself.
- We became back-to-back Wisconsin Multi-Dual Champions! We had a rematch with Wausau West in the finals and won 48-24.
- After winning those events, WiWrestle named us their team of the week for the third week of January.
- Kaytlynn Lambries set our new fastest fall record twice with two eight second pins. She also had the fastest pin at the state tournament in thirteen seconds.
- We had a state-high seven state qualifiers!
 - Aini Anderson 100
 - Kaytlynn Lambries 107
 - Allison Weiss 114
 - Anna Strasser 126
 - Alexa Szak 145
 - Maddie Hall 165
 - Sophia Walter 185
- Freshmen Kaytlynn Lambries placed 6th at the state tournament!
- We got a lot better this season compared to the year before. I credit those mostly to adapting our technique, improving our culture, and bringing on more coaches.
- A big thank you to our coaches Evelyn Vetsch, Carter Vetsch, and Kelsie Speltz for everything they do for our program!
- We're getting started on the offseason to improve for next season. Askren Academy is coming to Holmen starting March 12! [Sign up link](#).

Coach Carl

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